

February 2009

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
2-4 White Sox	5:30-7 Lugnuts	5-6:30 Rockies	5:30-7 Lugnuts	5-6:30 Rockies	5-6 Rangers	2-4 Rockies
4-6 Cubs	7-8 Rangers	6:30-8 Knights	7-8 White Sox	6:30-8 Knights	6-8 Cubs	4-6 Cubs
8	9	10	11	12	13	14
2-4 White Sox	5:30-7 Lugnuts	5-6:30 Rockies	5:30-7 Lugnuts	5-6:30 Rockies	5-6 Rangers	2-4 Rockies
4-6 Cubs	7-8 Rangers	6:30-8 Knights	7-8 White Sox	6:30-8 Knights	6-8 Cubs	4-6 Cubs
15	16	17	18	19	20	21
2-4 White Sox	5:30-7 Lugnuts	5-6:30 Rockies	5:30-7 Lugnuts	5-6:30 Rockies	5-6 Rangers	2-4 Rockies
4-6 Cubs	7-8 Rangers	6:30-8 Knights	7-8 White Sox	6:30-8 Knights	6-8 Cubs	4-6 Cubs
22	23	24	25	26	27	28
2-4 White Sox	5:30-7 Lugnuts	5-6:30 Rockies	5:30-7 Lugnuts	5-6:30 Rockies	5-6 Rangers	2-4 Rockies
4-6 Cubs	7-8 Rangers	6:30-8 Knights	7-8 White Sox	6:30-8 Knights	6-8 Cubs	4-6 Cubs

Total Hours per week

- Knights 3 hours
- Rockies 3 hours
- Lugnuts 3 hours
- White Sox 3 hours
- Cubs 6 hours
- Rangers 2 hours

Mon-Thurs
Practices 1.5 hour maximum

Practices Times begin
Jan. 31st - March 8th

Lake Dallas

212 Main Street
Lake Dallas, TX 75065

Phone: 940-497-2226
x132
Fax: 940-497-4485
E-mail:
sfields@lakedallas.com